

JULY 2026

THE MIND GYM

the official newsletter of Training & Organizational Development

Upcoming Training Opportunities

COMPUTER BASED LEARNING

- Browse FSU's [online training courses](#) available via Canvas
- Find a [LinkedIn Learning](#) course

DATA TRAINING

- Oracle BI: Class Enrollment, July 1
- Power BI: Introduction, July 8
- Power BI: Intermediate, July 9
- Intro to Data at FSU, July 15
- Student Data Analytics Toolkit, July 28
- Workspace Management, July 30

FINANCIAL SERVICES TRAINING

- Intro to Accounts Payable, July 7
- Understanding Internal Billing, July 8
- Travel & Expense, July 15
- Intermediate University Accounting, July 21
- Advanced University Accounting, July 28
- Fraud & Internal Controls, July 29
- Departmental Ledger Review, July 30

HUMAN RESOURCES TRAINING

- Family Medical Leave Act, July 13
- Criminal History Check Process, July 14

PERSONAL DEVELOPMENT

- Mindfulness, July 14
- Stressed Out, July 31
- Conflict Communication Skills, August 5

STUDENT SYSTEMS TRAINING

- Campus Connect 101, July 1 & 20
- Campus Connect Foundations, July 24

CERTIFICATE TRAINING SERIES



Explore the training certificate series [website](#) to learn about employee recognition opportunities!

Please visit the [university calendar](#) to access training descriptions, course numbers, and links to register in the [OMNI HR](#) Learning & Development portal.

TRAINING SPOTLIGHT

Annual Cybersecurity Awareness Training



FSU is committed to keeping you and your information safe through the annual cybersecurity awareness training program. This interactive course takes about **15 minutes to complete** and covers the most common cyber threats to watch out for.

This training is **required each year** to ensure you have the most up-to-date knowledge to keep yourself and the university secure. Even if you've completed the training in the past, you'll need to take it again. Be sure to complete your training by **October 31**. To complete the course, visit the [ITS Annual Cybersecurity Awareness Training](#) website.

If you have questions or need assistance, contact cybersecuritytraining@fsu.edu.

Stressed Out! Presented by the EAP

July 31, 9:00 a.m. - 10:30 a.m.



Feeling stressed out? We all experience stress, but excessive stress can harm our mental, emotional, and physical health.

Join us at this training session to discover effective strategies for managing stress and enhancing your overall well-being!

How to enroll:

- Visit [OMNI HR Learning and Development](#)
- Search by course name 'Stressed Out' or course number 'PDSO01'

Questions?

Contact Training & Organizational Development at training@fsu.edu or (850) 644-8724