About the Certification

The Professional Certification in College Student Wellbeing, Trauma, and Resilience online course provides a rigorous curriculum to inform higher education professionals about individual and systemic factors that impact student resilience and wellbeing. The course provides a foundation for transforming colleges and universities into strength-based, trauma-informed environments in which students, faculty, and staff can thrive. It builds participants’ knowledge and skills to apply research-informed principles in practical ways across the educational setting. Participants access crucial information and resources to build a campus culture that promotes positive mental health, student retention, and student success. This online, self-paced curriculum includes fifteen hours of course content and nine chapters of evidence-based readings, case scenarios, multi-media materials, assignments, and quizzes.

The benefits of this certification include:

- Enhancing professional knowledge, skills, and advancing career potential
- Gaining a transformative understanding of trauma’s affect on the brain and learning
- Relating the role of early adversity to physical, psychological, and behavioral problems
- Learning trauma-informed approaches applied in a higher education setting
- Understanding resilience and recognizing the role higher education plays in positively influencing resilience and brain development
- Learning how a culturally sensitive and responsive approach is integral to campus resilience efforts
- Acquiring tools to avoid secondary traumatization

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