

THE MIND GYM

the official newsletter of Continuous Improvement & Training



December Spotlight: FSU Green Dot Bystander Training for Faculty & Staff

What is Green Dot Training?

Green Dot is a bystander intervention initiative that recognizes that most people care about the high prevalence of power-based personal violence but don't have the tools to know how to be part of the solution. Green Dot seeks to change the culture by activating people that may not have been directly impacted by power-based personal violence. We recognize that power-based personal violence prevention is everyone's responsibility.

Is the training for faculty and staff?

Yes! FSU Green Dot Faculty and Staff Bystander Trainings are open to all university staff, faculty, and administration. This training will focus on ways that faculty and staff can help eliminate power-based personal violence in our community and support those who have experienced it.



Register for Training on December 13

The next session of Green Dot will be offered on December 13, from 1-4 p.m. Registration is required!

Please complete the [registration form](#) to reserve your seat. The training location will be shared with registrants before the start of the class. For more information, please visit the Green Dot [website](#).



Check out the other training opportunities in December on the university [Training Calendar](#).

The Holiday Learning Challenge

Presented by LinkedIn Learning

It's hard to believe the holidays are already here. While this can be a period for reflection, it's also one for action.

We invite you to join this month's LinkedIn Learning Challenge, which is focused on improving soft communication skills and building good productivity habits. Joining the challenge will give you access to bite-sized courses that take 5-10 minutes to complete.



- Engaging with colleagues
- Cultivating intellectual humility
- Strengthening your confidence
- Coaching yourself
- Promoting yourself humbly

Are you ready to join the challenge? Enroll in the [Learner Challenges Course](#) to get started.

All Things Data - Coming this Spring!

Presented by the Office of Institutional Research

Do you want to improve your data analysis skills or learn how to use data visualization tools?

FSU Institutional Research will be hosting a series of data workshops, such as Introduction to Data, Excel, Oracle BI, and Power BI in the Spring!

For registration instructions, please visit tinyurl.com/fsuhrtraining.

COURSE	COURSE #	LOCATION	DATE	TIME
Introduction to Data at FSU	IDFSU1	Online	1/24/2024	1:00-2:30 PM
Highly Effective Teaming: Using Microsoft Teams in Your Office	HETO1	Online & Dirac	1/26/2024	9:00 AM-12:00 PM
Excel-Basic	PDXLS1	Dirac	1/29/2024	9:00-11:00 AM
Excel-Intermediate	PDXLS2	Dirac	2/1/2024	9:00 AM-12:00 PM
Excel-Advanced	PDXLS3	Dirac	2/5/2024	9:00 AM-12:00 PM
Oracle BI: Term Statistics	BITS1	HR Training Center	2/6/2024	8:30-11:30 AM
Oracle BI: Class Enrollment	BICE2	HR Training Center	2/8/2024	8:30-11:30 AM
Power BI: Introduction	PBIX01	Strozier	2/12/2024	9:00-11:30 AM
Power BI: Intermediate	PBIX02	Strozier	2/14/2024	9:00-11:30 AM
Power BI: Advanced	PBIX03	Strozier	2/16/2024	9:00 AM-12 PM
Introduction to Power Automate	PWAUT1	HR Training Center	2/26/2024	9:00 AM-12 PM

NOTE: descriptions and course numbers can be found in the [Training Catalog](#).

Questions about anything in the newsletter? Contact us at training@fsu.edu or (850) 644-8724.

Follow us on [LinkedIn](#)!